

## Registration

Cost of workshop: **\$150**

(Received by February 13, 2026)

On-Site Registration: \$200

Name\_\_\_\_\_

Degree/License: \_\_\_\_\_

Address\_\_\_\_\_

City\_\_\_\_\_

State, Zip\_\_\_\_\_

Phone\_\_\_\_\_

Home/Cell\_\_\_\_\_

Email\_\_\_\_\_

Please mail registration with check to:

Jane L. Johnson  
2627 Redwing Rd., #235  
Fort Collins, CO 80526

Or register online at:

<https://www.colorado-play-therapy-training.com>



*Play, Process and Heal  
Integrating Sandtray and  
EMDR into Play  
Therapy*

Offered by  
Jeri Yingling, LPC, RPT-S, ACS, RST  
**February 21, 2026**  
**Denver**

## **Play, Process and Heal: Integrating EMDR and Sandtray into Play Therapy**

This workshop introduces clinicians to the integration of EMDR, sandtray, and play therapy for working with children. Participants will learn how sandtray play provides a safe, sensory, and symbolic medium that enhances EMDR phases, deepens trauma processing, and supports regulation. Through demonstration and practice, attendees will explore practical strategies for weaving EMDR into play-based sandtray interventions to engage young clients and promote healing.

### **Learning Objectives:**

1. Describe the clinical rationale for integrating EMDR, sandtray, and play therapy in the treatment of childhood trauma.
2. Identify developmentally appropriate uses of sandtray within specific EMDR phases to support safety, regulation, and trauma processing.
3. Explain how sensory and symbolic play in sandtray enhances bilateral stimulation and adaptive information processing.
4. Learn at least six play-based interventions for incorporating EMDR principles into sandtray or play therapy interventions.
5. Apply developmentally appropriate modifications of EMDR protocols within play therapy to increase child engagement and emotional regulation.

6. Evaluate clinical considerations necessary to maintain safety and therapeutic effectiveness when integrating EMDR into play-based trauma treatment.

### **Schedule for the day**

8:00 a.m. Sign-in and breakfast  
8:15 - 11:30 a.m. Morning session  
11:30-12:30 Lunch break  
12:30- 3:30 Afternoon session  
A 15 MIN break is provided in each session.

**Handouts will be provided via email before the workshop.**

Certificate of attendance will be provided.

As providers for Colorado Play Therapy Training, LLC, Jane L. Johnson, and Linda Klein are approved by the Association for Play Therapy to offer continuing education specific to play therapy. COPTT is APT Approved Provider 10-277. This workshop will count as 6 hours continuing education for the Registered Play Therapist credential.

**This workshop DOES NOT provide CEs for EMDRIA.**

### **Cancellation and Refund Policy**

We reserve the right to cancel this workshop in the event of insufficient registrations or other unforeseen circumstances, and the pre-registration fee will be refunded. A refund of your registration fee will be provided if a written request is received via mail, fax or email one week prior to the event.

**This workshop will be held in Denver Metro area.**

### **Workshop Presenter:**



Jeri is a Licensed Professional Counselor (LPC), Registered Play Therapist Supervisor (RPT-S), Approved Clinical Supervisor (ACS) and Registered Sand Therapist (RST). She has a private practice in Woodland Park, Co and works primarily with children ages 2-12 through play-focused EMDR, Animal Assisted Play Therapy and sand tray therapy. Jeri provides supervision and consultation in play therapy and EMDR.

For more information call Jeri at 719-640-5344 or send email to: [jeri@crystalcreekcounseling.com](mailto:jeri@crystalcreekcounseling.com)

For more information about future workshops go to:  
[www.colorado-play-therapy-training.com](http://www.colorado-play-therapy-training.com)