

Registration

Cost of workshop: **\$150**

(Received by February 13, 2026)

On-Site Registration: \$200

Name _____

Degree/License: _____

Address _____

City _____

State, Zip _____

Phone _____

Home/Cell _____

Email _____

Please mail registration with check to:

Jane L. Johnson
2627 Redwing Rd., #235
Fort Collins, CO 80526

Or register online at:

<https://www.colorado-play-therapy-training.com>



Sand Tray 101

Offered by
Jeri Yingling, LPC, RPT-S, ACS, RST

February 20, 2026
8 am – 3:30 PM
Denver

Sand Tray 101

This workshop provides a foundational and practical exploration of sandtray therapy within the broader history and evolution of play therapy. Participants will learn the essential materials needed to facilitate sandtray sessions and examine how the therapeutic powers of play manifest uniquely through sand work. The training will also walk attendees through each phase of the six-step Homeyer & Sweeney protocol, offering clarity on structure and clinical intention. Finally, participants will gain an introductory understanding of the neurobiological processes activated during sandtray experiences, enhancing their ability to integrate this powerful, sensory-based modality into their therapeutic work.

Learning Objectives:

1. Describe the historical development and theoretical foundations of sand tray therapy within the field of play therapy.
2. Identify and differentiate major theoretical models of sand tray therapy and their implications for play therapy practice.
3. Explain basic neurobiological processes and therapeutic mechanisms activated during sand tray therapy sessions.
4. Identify essential materials, spatial considerations, and ethical requirements necessary to conduct sand tray therapy sessions.

5. Demonstrate understanding of the six-step Homeyer and Sweeney sand tray therapy session protocol.
6. Apply sand tray therapy techniques in a developmentally appropriate manner within the scope of play therapy practice.

Schedule for the day

8:00 a.m. Sign-in and breakfast
8:15 - 11:30 a.m. Morning session
11:30-12:30 Lunch break
12:30- 3:30 Afternoon session
A 15 MIN break is provided in each session.

Handouts will be provided via email before the workshop.

Certificate of attendance will be provided.

As providers for Colorado Play Therapy Training, LLC, Jane L. Johnson, and Linda Klein are approved by the Association for Play Therapy to offer continuing education specific to play therapy. COPTT is APT Approved Provider 10-277. This workshop will count as 6 hours continuing education for the Registered Play Therapist credential.

Cancellation and Refund Policy

We reserve the right to cancel this workshop in the event of insufficient registrations or other unforeseen circumstances and the pre-registration fee will be refunded. A refund of your registration fee will be provided if a written request is received via mail, fax or email one week prior to the event.

This workshop will be held at location TBD

Workshop Presenter:



Jeri is a Licensed Professional Counselor (LPC), Registered Play Therapist Supervisor (RPT-S), Approved Clinical Supervisor (ACS) and Registered Sand Therapist (RST). She has a private practice in Woodland Park, Co and works primarily with children ages 2-12 through play-focused EMDR, Animal Assisted Play Therapy and sand tray therapy. Jeri provides supervision and consultation in play therapy and EMDR.

For more information call Jeri at 719-640-5344 or send email to: jeri@crystalcreekcounseling.com

For more information about future workshops go to: www.colorado-play-therapy-training.com